



Your 4WD Adventure Comprehensive ✓ Checklist

This Checklist is a comprehensive list of items that may be useful when 4WD camping and touring. Some items are more essential than others and it is up to you to decide which items are necessary for your specific needs and adventure!

Clothing & Bedding

- Long trousers/jeans
- Shorts
- Long sleeve shirts
- T-Shirts
- Warm jumpers/pullovers
- Water proof jacket
- A hat for sun protection
- Suitable shoes
- Under clothes
- Sunglasses
- Blankets/sleeping bags/sheets
- Air mattress
- Foot pump/compressor adapter

Food & Drink

NOTE: Always take much more food & water than you need. Allow for one week or more if going to a remote area. Use non-perishable foods.

- Water – large quantity (take more than you need and allow for radiator re-fills)
- Bread/Biscuits
- Tinned food (long shelf life)
- Dehydrated food (long shelf life)
- Powdered milk & other powders – Milo, coffee, sugar, etc.
- Butter/Margarine
- Steak & sausages (to be consumed within 24 hours unless frozen)
- Potatoes (they keep well without refrigeration)
- Marshmallows/potato chips & other snacks

Water Activities Gear

- Towels
- Bathers
- Wet suit
- Snorkel, goggles & flippers
- Scuba gear
- Fishing gear & bait
- Knife/Multi Tool
- Sunscreen lotion/Hat
- Surf board/wave ski/wind surfer
- Sun shelter
- Canoe Shoes
- First Aid Kit





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General Equipment

- Spade or shovel
- Ropes (several lengths)
- 4WD Recovery equipment e.g. Snatch strap & rated shackles
- High lift jack/air jack
- Torch & spare battery
- Tarpaulin – large & waterproof
- Tent, poles, pegs, rope
- Compass
- Stationary/pens/notepad, etc
- GPS & batteries
- CB radio & aerial (& spare aerial)
- CB walkie talkie & batteries
- Multi band radio or short wave radio & batteries
- Insect repellent/sun screen
- Star picket/heavy metal stake
- Rigid wire, e.g. coat hanger wire
- Esky with ice or 12 volt/LPG fridge
- Gloves (hard work)
- Ocki straps
- Camera/Video
- Peg-less Clothesline/Fly nets

General Tools

- Open ended & adjustable spanners
- Socket set/ratchet/extensions
- Spark plug spanner
- Hammer/metal file/hacksaw
- Silicone sealer/glue
- Jack – high lift mechanical type
- Air compressor or foot pump/tyre pressure gauge
- Pipe wrench/screw drivers - flat & fillips
- Wheel nut snapper
- Nuts/bolts/screws (various types)
- Gaffa tape for kids

Mechanical Spares

- Fan belt(s) for water pump, alternator, power steering, etc.
- Fan belt for air conditioner
- Radiator hoses
- Fuel hose & vacuum hose
- Gasket goo or cement
- Engine oil
- Oil pressure switch or gauge line
- Fuel – take spare fuel but don't transport it inside the cab of the car
- Brake fluid
- Auto transmission fluid/Grease
- Spare tyres/tyre valves
- Spare tubes for tyres
- Tyre repair kit





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Cooking Equipment

- Steel/aluminium pot & frying pan
- Billy or steel kettle
- Grid or hotplate/tripod for Billy
- Jaffa iron
- Mugs/plates/cutlery
- Can opener/large sharp knife
- Dishwashing liquid/tea towels
- Matches/Fire lighting pellets
- Newspapers
- Gas burner, hoses & fittings
- Gas lantern & spare mantles
- Gas cylinder
- Large steel pot
- Toaster (if powered site)



First Aid & Hygiene

- Soap/deodorant
- Toilet paper
- Toothbrush & toothpaste
- Aspirin/Disprin
- Antiseptic cream
- Band-aids or similar strips
- Bandages (several sizes)
- Sling
- Scissors/Tweeters
- Needles/Splinter Hook
- Safety pins
- Female hygiene items
- Toiletries/hairdryer (if powered sites)



Creature Comforts & Entertainment

- Engle fridge
- Folding table/folding chairs
- Portable shower & chemical toilet & cleaning lotions
- Stereo radio/iPod
- Playing cards/Board games
- Alcoholic beverages & stubby holders
- 12v to 20v inverter
- Ni-cad battery recharger
- Power boards, extension cords, lights, etc



Kids Stuff

- Summer/winter clothes
- Raincoats
- Gum boots/walking shoes
- Joggers/thongs
- Toothbrushes/hairbrush
- Sleeping bags/pillows
- Teddies/toys
- Bathers/towels
- Sunglasses/sun cream
- Potty
- Tissues/Wet ones
- Gaffa tape
- Aloe Vera